# Simple Linear Regression

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BIOL 801: Pedagogical Training





### About



## **Outline:**

- 1) Introduction to Regression Analysis
- 2) Types of Regression Models
- 3) Simple Linear Regression Components
- 4) Fitting a Regression Model
- 5) Model Significance
- 6) Interpreting Results
- 7) Key Assumptions
- 8) Limitations

## Data Types



### Data Exploration

## **Methods in Ecology and Evolution**



Methods in Ecology and Evolution 2010, 1, 3–14

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# A protocol for data exploration to avoid common statistical problems

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#### • What is Regression?

• Method for exploring the relationship between two continuous variables.



#### • What is Regression?

- Method for exploring the relationship between two continuous variables.
- The predictor variable, X **predicts** the **response** of the response variable, Y.
- The regression line is the "best fit"



• Example: Genetic diversity vs. geographic distance from Africa (Prugnolle et al., 2005)





- Regression noun
- Why the term "Regression"?
  - Historical context from Francis Galton's work on height between fathers and sons (regression toward mediocrity)





Significance, Volume: 8, Issue: 3, Pages: 124-126, First published: 25 August 2011, DOI: (10.1111/j.1740-9713.2011.00509.x)

### 2. Types of Regression Models

#### **Simple Linear Regression**

 Model the relationship between a predictor variable, X, and a response variable, Y.

#### **Multiple Linear Regression**

 The average value of the response variable, Y, is assumed to be a linear combination of the predictor variables, X<sub>1</sub>, X<sub>2</sub>,..., X<sub>n</sub>

$$Y_i = \alpha + \beta X_i + \varepsilon_i$$
$$\varepsilon_i \sim N(0, \sigma^2)$$

$$Y_i = \alpha + \beta_1 X_{1,i} + \beta_2 X_{2,i} + \dots + \beta_n X_{n,i} + \varepsilon_i$$
  
$$\varepsilon_i \sim N(0, \sigma^2)$$

#### 2. Types of Regression Models

Quadratic Regression:  $Y_i = \alpha + \beta_1 X_{1,i} + \beta_2 X_{2,i}^2 + \varepsilon_i$ 

Polynomial Regression:  $Y_i = \alpha + \beta_1 X_{1,i} + \beta_2 X_{2,i}^2 + \beta_2 X_{3,i}^3 + \beta_n X_{n,i}^n + \varepsilon_i$ 



#### 3. Simple Linear Regression Components



#### Linear Model

$$Y_{i} = \alpha + \beta X_{i} + \varepsilon_{i} \qquad \varepsilon_{i} \sim N(0, \sigma^{2}) \qquad \overset{8}{\underset{j=0.85, P<0.001}{}}$$
Equations for each observation
$$y_{1} = \alpha + \beta X_{1} + \varepsilon_{1} \qquad \varepsilon_{1} \sim N(0, \sigma^{2}) \qquad \overset{6}{\underset{j=0.45, P<0.001}{}}$$

$$y_{2} = \alpha + \beta X_{2} + \varepsilon_{2} \qquad \varepsilon_{2} \sim N(0, \sigma^{2}) \qquad \overset{6}{\underset{j=0.00}{}}$$

$$y_{n} = \alpha + \beta X_{n} + \varepsilon_{n} \qquad \varepsilon_{3} \sim N(0, \sigma^{2}) \qquad \overset{8}{\underset{j=0.00}{}}$$

#### Linear Model



Multiply matrix **X** by vector  $\boldsymbol{\beta}$ 

#### Linear Model





0

2.5

5.0

х

7.5

10.0

#### Residuals

 $\varepsilon_i \sim N(0, \sigma^2)$ 

- Variance,  $\sigma^2$ , describes the variation of observations around  $\rightarrow$  the regression line
- Standard Deviation,  $\sigma$ , describes the average deviation from the regression line



#### 4. Fitting a Regression Model

Residuals:  $\mathcal{E} = \mathbf{Y} - \mathbf{X} \times \boldsymbol{\beta}$ 

$$\sum_{i} \varepsilon_{i}^{2} = \varepsilon' \varepsilon = \begin{bmatrix} \varepsilon_{1} & \varepsilon_{2} & \varepsilon_{3} & \dots & \varepsilon_{n} \end{bmatrix} \times \begin{bmatrix} \varepsilon_{1} \\ \varepsilon_{2} \\ \varepsilon_{3} \\ \dots \\ \varepsilon_{n} \end{bmatrix}$$
Sum Squared  
Residuals in Matrix  
Form

$$\sum_{i} (Y_i - (\alpha + \beta \cdot x_i))^2 = (\mathbf{Y} - \mathbf{X} \cdot \beta)^t \times (\mathbf{Y} - \mathbf{X} \cdot \beta) \quad Or_{Sc}$$

Optimize with Ordinary Least Squares (OLS)

 $\frac{d}{d\beta} \left( (\mathbf{Y} - \mathbf{X} \cdot \beta)^t (\mathbf{Y} - \mathbf{X} \cdot \beta) = -2\mathbf{X}^t (\mathbf{Y} - \mathbf{X} \cdot \beta) \quad \text{Take derivative with respect to } \beta \right)$ 

 $-2\mathbf{X}^t (\mathbf{Y} - \mathbf{X} \cdot \boldsymbol{\beta}) = \mathbf{0}$  Set to zero and solve for  $\boldsymbol{\beta}$ 

 $\mathbf{X}^{t}\mathbf{Y} = (\mathbf{X}^{t}\mathbf{X})\beta$  Equation to estimate parameters

 $\hat{\beta} = (\mathbf{X}^{t}\mathbf{X})^{-1}\mathbf{X}^{t}\mathbf{Y}$  Equation to solve for estimated parameters

#### 4. Fitting a Regression Model

$$\widehat{\boldsymbol{\beta}} = (\mathbf{X}^t \times \mathbf{X})^{-1} \times \mathbf{X}^t \times \mathbf{Y}$$

 $\widehat{y} = X \times \widehat{\beta}$ 

H is the hat matrix

### Linear Model: Identity Matrix (n x n)

$$I = \begin{bmatrix} 1 & \cdots & 0 \\ \vdots & \ddots & \vdots \\ 0 & \cdots & 1 \end{bmatrix}$$

Assumptions:

- Diagonal elements equal 1 and specify that the variance of each residual is 1 times  $\sigma^2$
- Off-diagonal elements equal 0 and specify that the covariance between different residuals is 0
- Correlations are zero

#### Linear Model: Variance-Covariance Matrix

$$\sigma^{2}\{\boldsymbol{X}\} = \begin{bmatrix} \sigma^{2}\{x_{1}\} & \cdots & \sigma^{2}\{x_{1}, x_{n}\} \\ \vdots & \ddots & \vdots \\ \sigma^{2}\{x_{n}, x_{1}\} & \cdots & \sigma^{2}\{x_{n}\} \end{bmatrix}$$

$$\sigma^{2} \{ \boldsymbol{\varepsilon} \} = Cov \begin{bmatrix} \varepsilon_{1} \\ \varepsilon_{2} \\ \vdots \\ \varepsilon_{n} \end{bmatrix} = \sigma^{2} I = \begin{bmatrix} \sigma^{2} & \cdots & 0 \\ \vdots & \ddots & \vdots \\ 0 & \cdots & \sigma^{2} \end{bmatrix}$$

#### Linear Model: Residuals

 $e = y - \hat{y}$  $\hat{y} = \mathbf{H} \times Y$  $e = y - \mathbf{H} \times Y$ 

$$\varepsilon_i \sim N(0, \sigma^2)$$
  
 $\varepsilon \sim N(0, \sigma^2 \times I)$ 

 $\boldsymbol{e} = (\mathbf{I} - \mathbf{H}) \times \boldsymbol{Y}$ 

#### Maximum Likelihood Estimation (MLE)

• MLE finds the "best fit" through the data using the log-likelihood function:

$$\ln L(\alpha, \beta_1, \sigma^2) = -\frac{n}{2} \ln(2\pi\sigma^2) - \frac{1}{2\sigma^2} \sum_{i=1}^{n} (y_i - \hat{y}_i)^2$$

- How?
  - Maximizing the log-likelihood function by minimizing the Sum of Squared Errors:

$$SSE = \sum_{i=1}^{n} (y_i - \hat{y}_i)^2$$

#### How's the fit?

• Sum of squared errors (SSE) is a measure of unexplained variability.

$$SSE = \sum_{i=1}^{n} (y_i - \hat{y}_i)^2$$



#### How's the fit?

- Sum of squares for regression (SSR) is a measure of explained variability.
- Total sum of squares (SST) is a measure of total variability.

$$SSR = \sum_{i=1}^{n} (\hat{y}_i - \bar{y})^2$$

$$SST = \sum_{i=1}^{n} (y_i - \bar{y})^2$$

$$SST = SSR + SSE$$

### 5. Model Significance

- Model Outputs:
  - Test whether the slope of the relationship is zero or not

 $H_0: \beta_1 = 0 \qquad H_1: \beta_1 \neq 0$ 



#### 5. Model Significance

 Positive relationship between Richness and Year

 Strong evidence against null hypothesis that slope = 0

```
Call:
lm(formula = Richness ~ Year, data = df)
Residuals:
                   Median
    Min
              1Q
                                3Q
                                       Max
-1.02461 - 0.33602 0.03834 0.28930 1.25274
Coefficients:
             Estimate Std. Error t value Pr(>|t|)
(Intercept) -1.237e+02 9.429e+00 -13.12 <2e-16 ***
            6.202e-02 4.729e-03
                                 13.12 <2e-16 ***
Year
____
               0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
Signif. codes:
Residual standard error: 0.4681 on 47 degrees of freedom
Multiple R-squared: 0.7854, Adjusted R-squared: 0.7809
F-statistic: 172.1 on 1 and 47 DF, p-value: < 2.2e-16
```

- Example: Net availability in market vs. average annual landings (Munguia-Vega et al. 2020)
- R<sup>2</sup>=0.744

• *p*-value = 0.0013



- Example: Turbidity vs. Total Suspended Solids (Mumtaz et al., 2011)
- $R^2 = 0.88$
- *p-value* < 0.05
- *Turbidity* = 118.08 + 0.832\*TSS



Example: Modelled vs. measured values of TSS and NTU (Prior et al., 2020)



Example: Modelled vs. measured values of TSS and NTU (Prior et al., 2020)

Averaging improves accuracy (i.e., higher R<sup>2</sup>), model performance, and bias

		Intercept	Sample Size, n	r <sup>2</sup>	RMSE	RPD	MNB (%)
	TSS	-319.760	60	0.93	30.7	3.6	4.2
		Intercept	Sample Size, n	$r^2$	RMSE	RPD	MNB (%)
	Averaged TSS	-319.775	20	0.97	21.8	5.0	1.5
		Intercept	Sample Size, n	$r^2$	RMSE	RPD	MNB (%)
, 】	Turbidity						
k		-328.016	60	0.85	44.6	2.5	2.9
k k		-328.016	60 Sample Size, n	0.85	44.6 RMSE	2.5 RPD	2.9 MNB (%)

## 7. Key Assumptions

- Linear relationship between X and Y
- Errors are independent
- Error is normally distributed
- Homoscedasticity (equal variance)



https://r.qcbs.ca/workshop08/book-en/intro-linearmodels.html

#### 8. Limitations and Practical Considerations

- Extrapolation issues:
  - Difficult to make predictions beyond the range of observed data
- Influence of outliers:
  - Can influence the intercept and slope
- Interpretation pitfalls:
  - Correlation not causation



#### 8. Limitations and Practical Considerations

- Anscombe's Quartet
  - Importance of visualizing data

4 data sets having nearly identical mean, variance, correlation, linear regression line and coefficient of determination





https://in.pinterest.com/pin/729935052119746525/

# Quiz

- Why do we square the errors?
  - To account for positive and negative deviations that could potentially cancel each other out
- What is the mean value of y when x equals zero?
  - The estimate of the intercept
- What is the difference between simple linear regression and linear regression?
  - Simple linear regression models the relationship between a single X and single Y variable.
  - Linear regression can model the relationship between a single X and multiple Y variables.



# Questions?